Special Operations Recruiting Battalion (S

Official Out Brief: 6 April 09

U.S.ARMY
ARMY STRONG.℠

Purpose

To ensure you are administratively prepared to travel to
Fort Bragg and report in for SFAS.

To set you up for success at SFAS.

ARMY STRONG.℠

Agenda

- ✓Getting to SFAS
- ✓SFAS Packing List Review
- ✓SFAS Uniform
- ✓Electronic Personal Security Questionnaire (EPSQ)
- ✓Foot care
- ✓Starting SFAS on the right foot
- ✓CAC card requirements
- ✓Final Azimuth Check

Getting to SFAS

Movement to Fort Bragg:

Travel in civilian attire is authorized.
If you encounter problems during travel call:

1- Your SF Recruiter
2- SORB Operations Section at Fort Bragg @ (910) 432-1650 / 1641 / 8582.
3- SORB Operations NCOs- SFC Hughes (877) 840-8501 (cell) or SFC Kyle (877) 839- 8341 or MSG Ahola (877) 811-5227.
4- SFAS SDNCO @ 910-643-7622.

***In case your luggage is misrouted have the airline give you a tracking number and send the luggage to:* BLDG D-2007, Mosby Street Fort Bragg, North Carolina 28310 (910) 643-7622 DSN 239.**

ARMY STRONG.℠

Getting to SFAS

- **Arrival and Reporting:**

- **Report to BLDG D-2007, Mosby Street, Fort Bragg. The building is in the vicinity of Gruber & Riley Road (across from wind tunnel).**

- **Arrival Window: OCONUS NET 1200 hrs, Friday; CONUS NET 0630hrs, Saturday of report week to NLT 1100hrs, Sunday of report week. (Report to BLDG D-2007 when you arrive on Fort Bragg, refer to your orders for dates)**
- **Note: You must report in complete ACU uniform with US Army, name tape, unit patch, rank and proper headgear (Hand carry one ACU with US Army, Name tape, unit patch, flag, rank and proper headgear – (Have in your carry-on baggage)**

You must have the following items in your possession (Carry-on baggage) when reporting in for SFAS:

- **10 copies of Temporary Duty Orders (TDY)**
- **Working Military identification Card with certificates (ID, Signature, and Encryption)**
- **Medical Records: at a minimum, a clear copy of your SFAS physical**
- **All items from the mandatory packing list and a signed copy of this out brief**
- **EPSQ complete, hard copy and digital version**
- **Poncho liner – this is your linen prior to class starting**
- **Your SF Recruiting Team point of contact**
- **Complete set of ACUs w/ US Army, Name tape, unit patch, flag, rank and proper headgear**

ARMY STRONG.℠

Getting to SFAS

Life at the holding barracks before SFAS begins:

- **Upon signing in at D-2007 you will be directed to barracks, receive an in-brief. You will be under the control of the Special Warfare Training Group's Support Battalion cadre. You will be free to move around the area to include barracks, clothing sales, the dining facility and AAFES Shoppette. Soldiers MUST be in complete ACU uniform to move around the area (No engineer tape)! Soldiers are responsible for their in and around movement on Fort Bragg prior to being turned over to the SFAS cadre at the CIF formation. This is not the time to go shopping for SFAS items, bring them with you.**

- **The sterilized uniform for SFAS will not be worn until movement to Camp Mackall.**

- **The SORB will hold a formation for all Soldiers at 1200 hours on Saturday of report week, 0630 and 1200 hours on Sunday of report week in the vicinity of the reporting location. Uniform for the formation is "sterile" ACUs (with white engineer tape). At those times, you will turn in your hardcopy of the EPSQ that you brought with you, then movement to CIF then to Camp Mackall will occur. These are the "bag and baggage" formations.**

- **Soldiers electing, at their own expense, to arrive at Fort Bragg before the NET time of 1200 hrs Friday for OCONUS or 0630 Saturday for CONUS of report week are responsible for coordinating their own lodging and transportation. Any Soldier in the vicinity of Ft Bragg after 0630 that Saturday must report to building D-2007.**

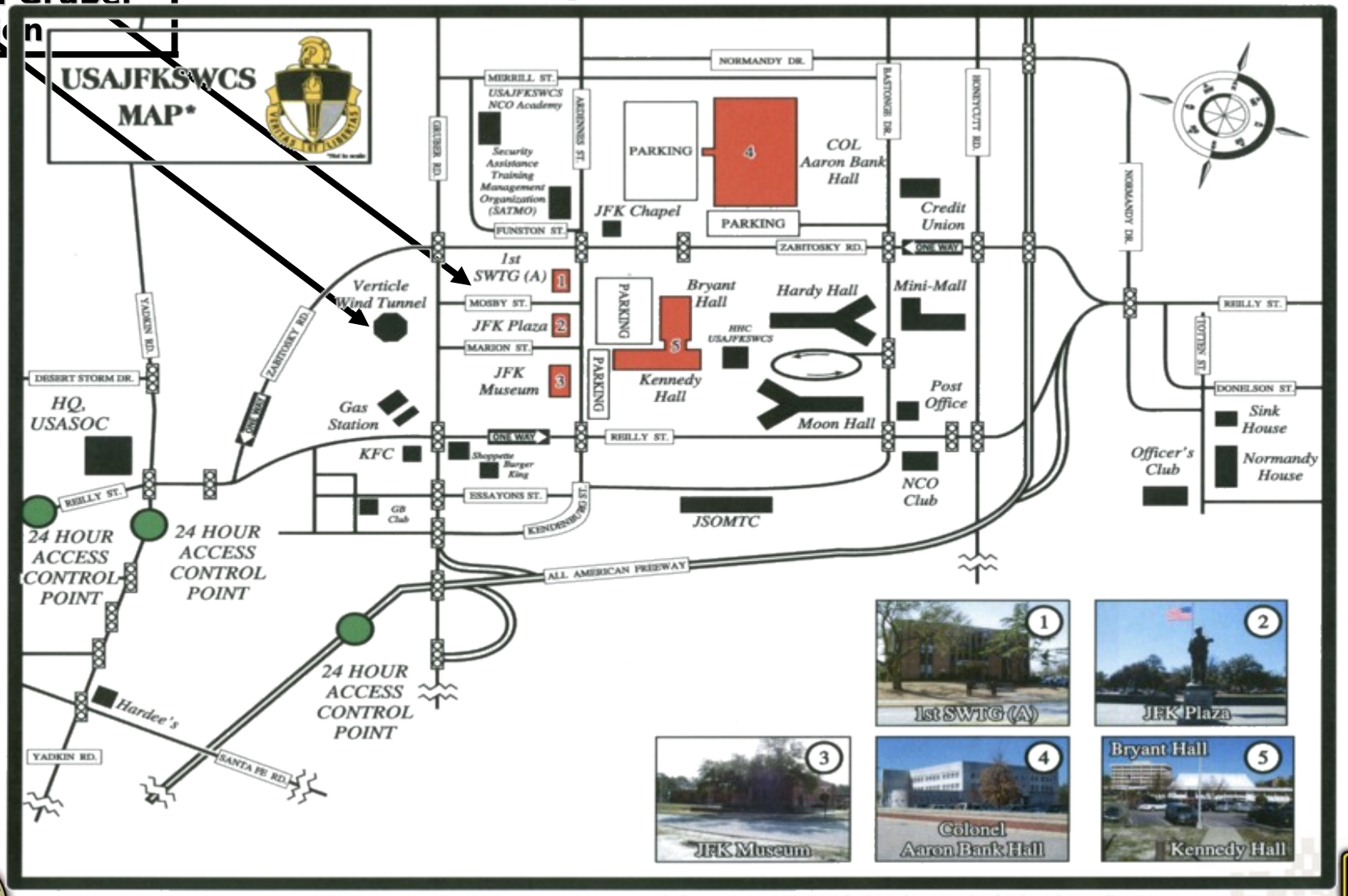
- **There will be a SORB Liaison NCO at D-2007 during reporting and in-processing for SFAS.**

ARMY STRONG.℠

Reporting Location
BLDG D-2007
Mosby Street in the vicinity of the Reilly and Gruber intersection

Your first task as a Special Forces candidate: Get to the right place, at the right time, with the right equipment.

Getting to SFAS



SFAS SDNCO @ 910-643-7622

Map provided by SFC Hill

ARMY STRONG.℠

SFAS Packing List (as of 31 March 09)

All candidates will be issued TA-50. Candidates are not authorized to bring extra TA-50.
The following are the required items to bring to SFAS. There are no exceptions and no substitutions.
Failure to possess the required items will result in immediate withdrawal from SFAS.

4 pr. ACU"S see note #2 (More than 4 are authorized) (BDUs are no longer authorized)
5 ea. Army issue tan t-shirts no Cool Max or Under Armor
1 ea. Army issue gray / black PT uniform to include sweat top and bottoms
1 ea. Army issue tan belt
6 pr. Socks, green/black army or civilian wool/cotton no ploypro/gortex
5 pr. Army issue brown underwear, minimum
2 ea. Patrol Cap see note #2
1 pr. Running shoes
2 pr. Socks, white cotton, minimum
2 pr. Boots, Army issue (desert) ONLY, see note #3
1 pr. Gloves, army issue w/liners (Army issue leather gloves)
1 ea. Cap, wool or fleece, black or green see note #1
1 pr. Underwear, cold weather, wool or polypro see note #1
1 ea. Personal Hygiene items i.e. Razors, toothpaste, soap
2 ea. Towels, minimum
1 pr. Shower shoes
1 ea. Sewing kit
3 ea. Pens/pencils
1 ea. Notebook not larger than 4" x 6"(only 1 any additional will be confiscated)
2 pr. Eyeglasses if worn no contact lenses
2 ea. Wrist watch no compass or altimeter function
1 ea. Laundry bag
1 ea. Duffel or kit bag no civilian bags
1 ea. Cash, $50.00 do not bring more than $100.00 (CREDIT CARD OR ATM CARD)
1 ea. Poncho liner (in carry on luggage)
1 ea. Camelback, army issue MOLLE (no civilian colors)
1 pr. Safety glasses, clear lenses only
1 ea. Headlamp flashlight, red or blue lens capable, see note # 4
***** EPSQ complete, hardcopy and digital**
***** DLAB/TABE test results if applicable**
***** 10 copies of orders**

****Notes:**
 # 1- Required for classes from 15 OCT through 15 APR
 # 2- No rank, branch insignia, cat eyes, or other badges authorized for wear during SFAS. Must have 1 complete set of ACU
rank, unit patch, flag, name tape and US army for wear before and after SFAS
 # 3- No sneaker style construction boots (High Tech, Oakley, Adidas, etc) will be authorized for wear
 # 4- Bring enough batteries to operate your flashlight / headlamp for 14 days.

SFAS Packing List (as of 31 March

The following additional items are authorized for use at SFAS, and suggested but not required.

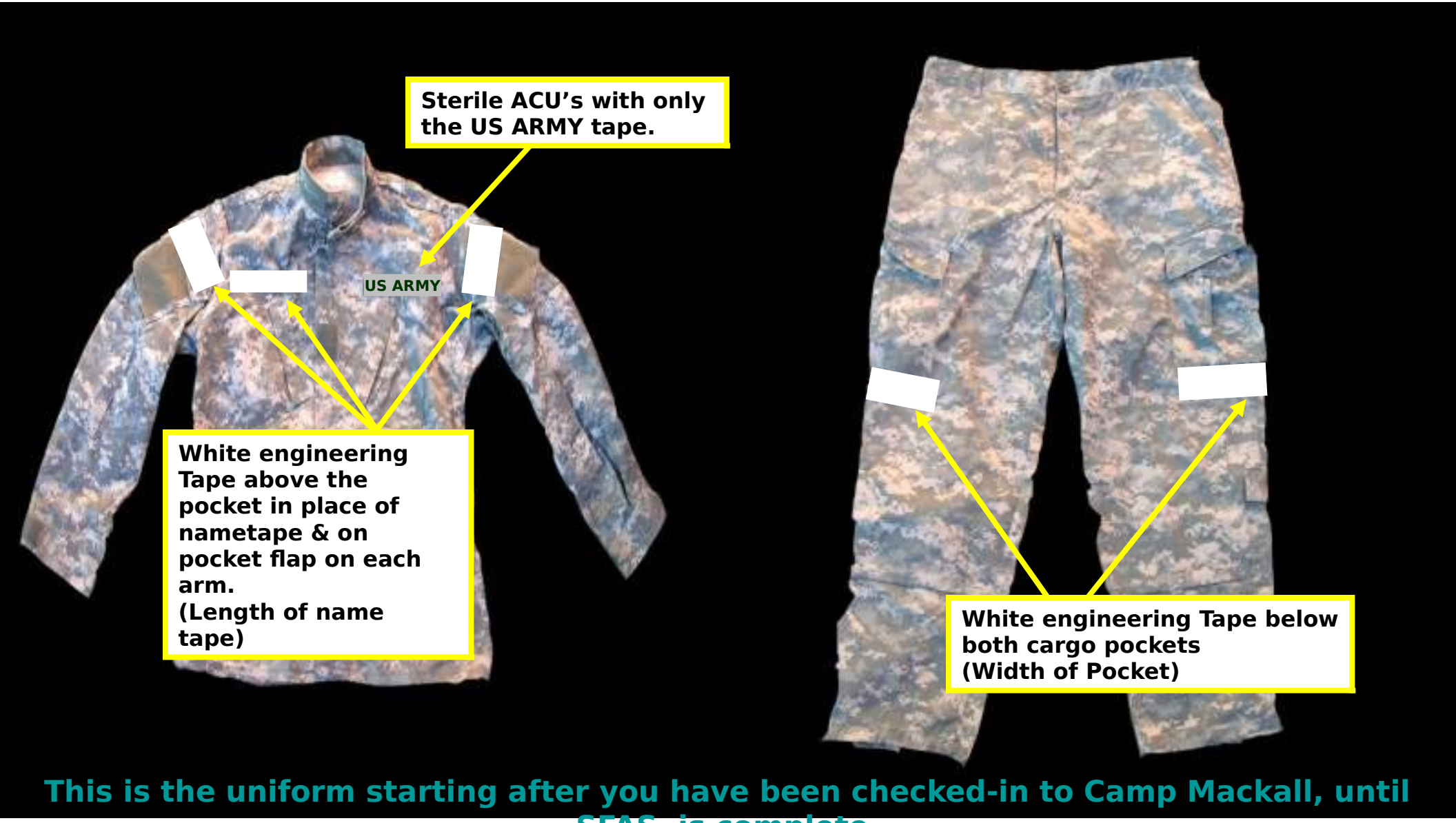
Baby wipes
Book 1 per candidate only bible, ranger handbook, or novel no magazines
Boot insoles and laces
Cotton tipped applicators
Clothes pins
Curlex
Cravats
Foot powder / Nu-Skin
Gauze pads
Penlights w/batteries must have red or blue lens
Insect repellant
Laundry detergent
Lighter
Lip balm
Map case/note book covers
Moleskin
Neck Gator, see note # 1
Pace count cords
Pocket knife/tool 1 per candidate blade length cannot exceed 3”
Safety pins
Scissors, small
Security locks
Skin lotion
Sun screen
Vaseline
Zip lock bags large/small
550 cord
100 mph tape
Black electrical tape
Highlighters
Bungee cords
Snaplinks
1 ea. ACU Field Jacket with liner see notes # 1 & # 2

Any item not listed here is UNAUTHORIZED and will be confiscated and not returned.

**Notes:
1- Required for classes from 15 OCT through 15 APR
2- No rank, branch insignia, cat eyes, or other badges authorized for wear during SFAS. Must have 1 complete set of ACU
rank, unit patch, flag, name tape and US army for wear before and after SFAS
3- No sneaker style construction boots (High Tech, Oakley, Adidas, etc) will be authorized for wear
4- Bring enough batteries to operate your flashlight / headlamp for 14 days.**

U.S.ARMY
ARMY STRONG.℠

SFAS Uniform


Sterile ACU's with only the US ARMY tape.
US ARMY
White engineering Tape above the pocket in place of nametape & on pocket flap on each arm.
(Length of name tape)
White engineering Tape below both cargo pockets
(Width of Pocket)

This is the uniform starting after you have been checked-in to Camp Mackall, until SFAS is complete.

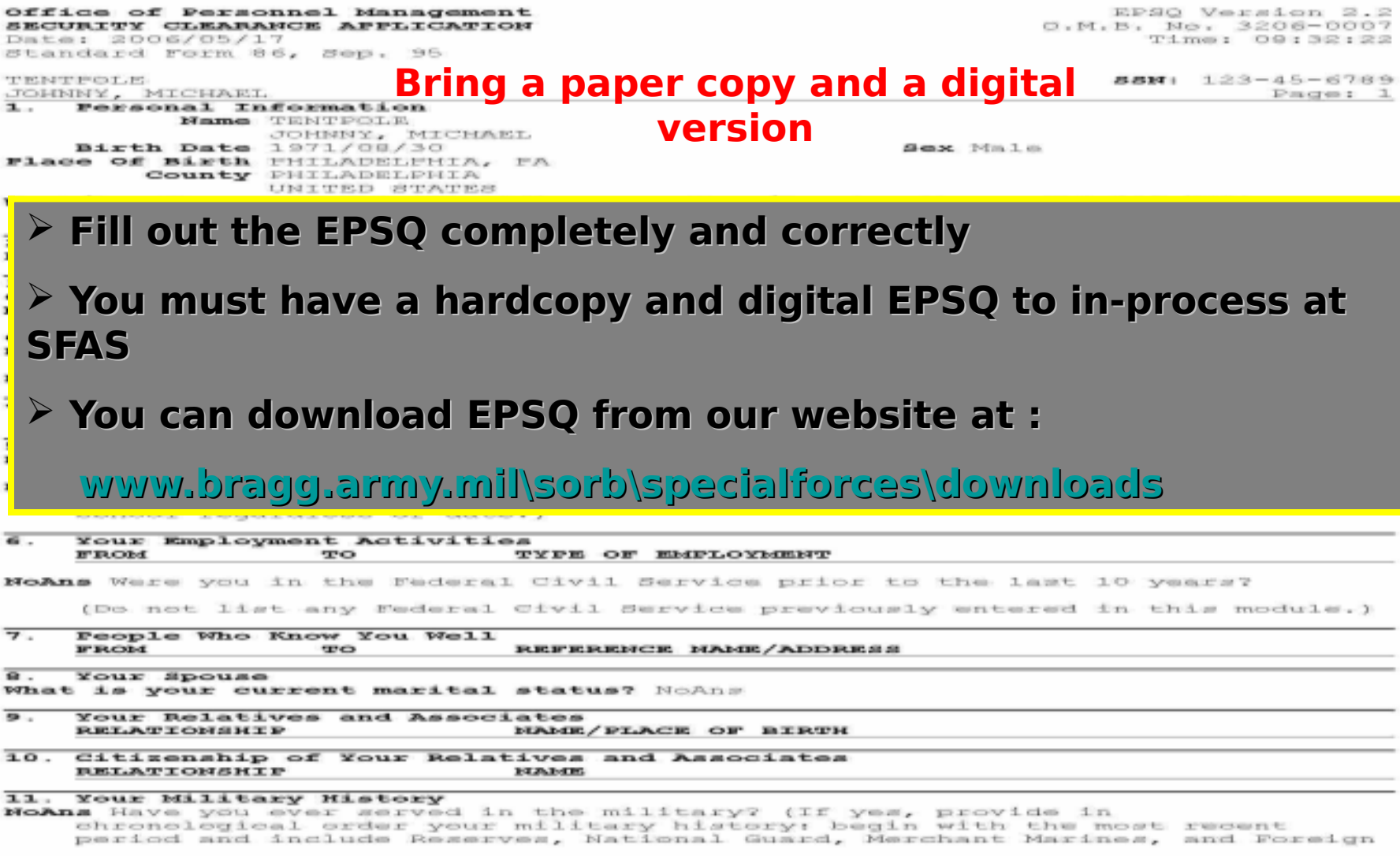
The engineer tape on the pocket flap is a new change starting Aug 08.

ONLY AUTHORIZED BOOTS FOR SFAS

SPECIAL OPERATIONS RECRUITING BATTALION

U.S.ARMY
ARMY STRONG.℠

Electronic Personal Security Questionnaire



Office of Personnel Management
SECURITY CLEARANCE APPLICATION
Date: 2006/05/17
Standard Form 86, Sep. 95

EPSQ Version 2.2
O.M.B. No. 3206-0007
Time: 09:32:22

TENTPOLE
JOHNNY, MICHAEL

SSN: 123-45-6789
Page: 1

Bring a paper copy and a digital version

1. Personal Information
Name TENTPOLE
JOHNNY, MICHAEL
Birth Date 1971/08/30 Sex Male
Place of Birth PHILADELPHIA, PA
County PHILADELPHIA
UNITED STATES

- **Fill out the EPSQ completely and correctly**
- **You must have a hardcopy and digital EPSQ to in-process at SFAS**
- **You can download EPSQ from our website at :**

www.bragg.army.mil\sorb\specialforces\downloads

6. Your Employment Activities
FROM TO TYPE OF EMPLOYMENT

NoAns Were you in the Federal Civil Service prior to the last 10 years?
(Do not list any Federal Civil Service previously entered in this module.)

7. People Who Know You Well
FROM TO REFERENCE NAME/ADDRESS

8. Your Spouse
What is your current marital status? NoAns

9. Your Relatives and Associates
RELATIONSHIP NAME/PLACE OF BIRTH

10. Citizenship of Your Relatives and Associates
RELATIONSHIP NAME

11. Your Military History
NoAns Have you ever served in the military? (If yes, provide in chronological order your military history: begin with the most recent period and include Reserves, National Guard, Merchant Marines, and Foreign

Blister Treatment

Blisters come with the job of being a Soldier.

<u>Cause</u>. The hands and feet often rub against boots or other equipment. Blisters form more easily on moist skin than on dry or soaked skin and warm conditions assist blister formation.

<u>Prevention</u>. You need to minimize friction. Make sure your boots are the right size and shape. Wear socks made from synthetic blends. Before you exercise, apply petroleum jelly or talcum power to reduce friction, if needed.

<u>Blister Care</u>. If you get a blister, you'll want to relieve your pain, keep the blister from enlarging, and avoid infection. Signs of infection include pus draining from the blister, very red or warm skin around the blister, and red streaks leading away from the blister. Small, intact blisters that don't cause discomfort usually need no treatment. The best protection against infection is a blister's own skin. Larger or painful blisters that are intact should be drained without removing the roof in the following manner:

1. **Clean the blister with rubbing alcohol or antibiotic soap and water.**
2. **Heat a straight pin or safety pin over a flame until the pin glows red, and allow it to cool before puncturing a small hole at the edge of the blister.**
3. **Drain the fluid with gentle pressure, then apply an antibiotic ointment.**
4. **Cover the blister with a bandage. Change the dressing daily.**

ARMY STRONG.℠

Starting SFAS on the right foot…

- **Your showing up for a job interview…look the part (military appearance).**
- **Have your admin house in order…complete your EPSQ (hard & digital copies) and hand carry your medical records, ensure your family and personal affairs are also taken care of**
- **Be physically prepared…be able to do 6 pull ups, pass the APFT and climb a rope!!!**
- **Don't try to hide prohibited items…not worth the consequences…you'll be dropped from SFAS.**
- **Don't listen to or disseminate inaccurate info on SFAS…it constantly changes and you'll be wrong.**
- **During the course…**
  - Take proper care of your feet
  - Be consistent in your physical performance on all events. Give 100% all of the time. It shows when you don't.
  - Don't give up on yourself.
  - DON'T ASSESS YOURSELF OUT!!! You aren't an SF Assessor…
  - Don't psyche yourself out by getting down and having negative thoughts.
  - Don't argue with the cadre. It won't be tolerated. You'll be terminated.

ARMY STRONG.℠

Starting SFAS on the right foot…

- **Soldier 101 Stuff…**
  - **Don’t lose your weapon!**
  - **Sleep during the allotted times.**
  - **Don’t whine and complain.**
  - **Pay attention to detail. Follow instructions.**
  - **Maintain your military bearing. Be the Soldier you’d want to have in your squad, section, and platoon.**

- **Do your best on every event. Live SFAS minute-by-minute, hour-by-hour and day-by-day. Don’t worry about how you did yesterday or an hour ago. Do your best at the task at hand!**

- **Soldiers successfully complete SFAS every month. You can too. <u>DON’T QUIT!!!</u>**

- **Train to not get hurt. Learn to fall with a rucksack and traverse hills up and down with a ruck.**

- **Pack a rucksack for proper weight distribution.**

ARMY STRONG.℠

Starting SFAS on the right foot…

- **Special Forces Assessment and Selection has three "hard" gates that Soldiers must successfully complete to qualify to attend SFQC. Failure to meet the established standards for any of the gates will result in removal from the course.**
  - **Gate 1: Army Physical Fitness Test (APFT): One the first day of training, Soldiers must pass the APFT with a minimum score of 240 in their age group, and no less than 60 points in any event. (no retest is allowed)**
  - **Gate 2: Physical and Mental Assessment: This assessment measures the Soldier's physical conditioning, perseverance, and intelligence quotient. Soldiers must complete the four and six mile timed runs; and six and ten mile timed rucksack marches in accordance with the table below. The weight of the rucksack will be 45 pounds (dry).**

Events	Rate	Maximum Time Allotted
4 Mile timed run	8 Minutes per mile	32 Minutes
6 Mile timed run	9 Minutes per mile	54 Minutes
6 Mile rucksack march	16 Minutes per mile	96 Minutes
10 Mile rucksack march	18 Minutes per mile	180 Minutes

    - **Aggregate time allowed for all four times events is 362 minutes.**
    - **Soldiers will also be administered a battery of tests designed to assess intelligence and personal qualities to determine suitability for Special Forces assignment.**

  - **Gate 3: Final Selection Board: Soldiers who pass gates 1 and 2 will continue SFAS, negotiating the land navigation and team assessment events. An SFAS selection board will review each Soldier's performance in these events and make a final selection decision.**

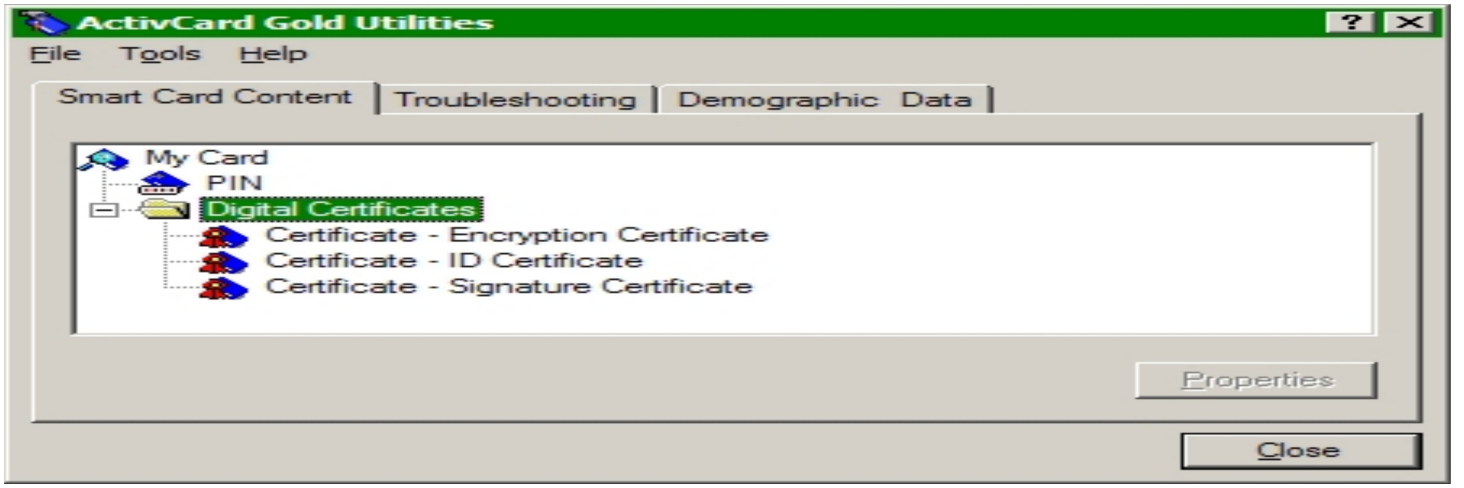
ARMY STRONG.℠

Requirements for a functioning CAC for SFAS student accounts

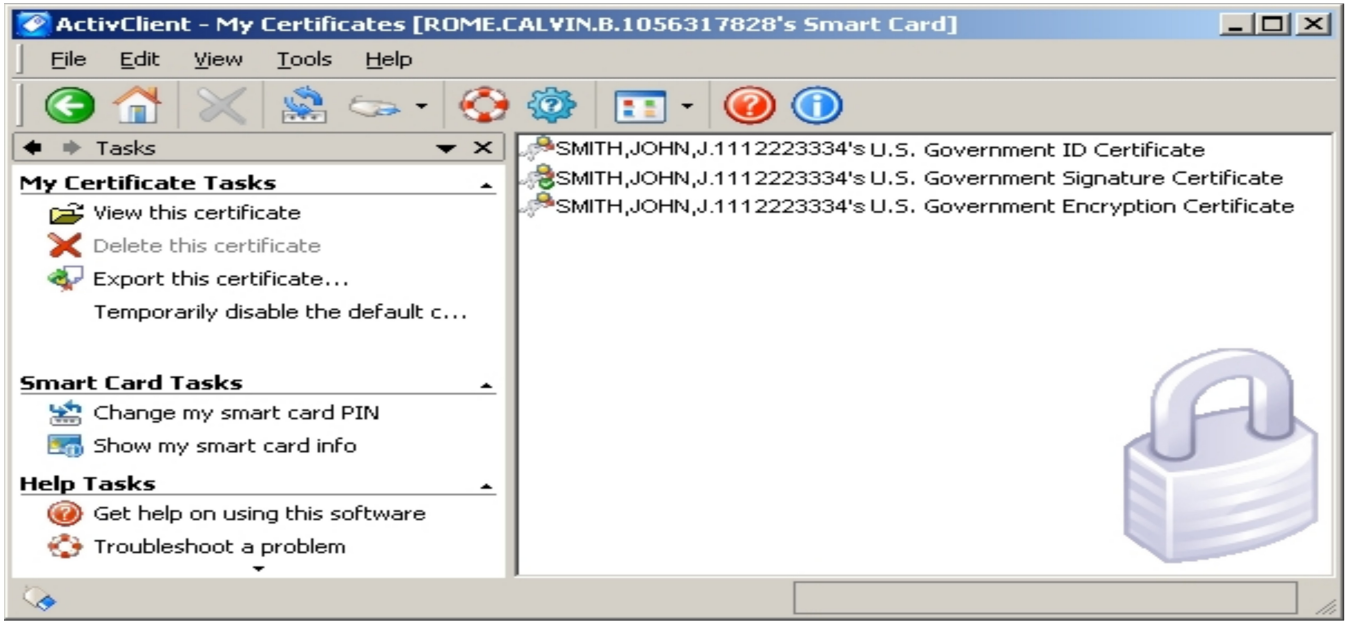
In order for the SWC Help desk to create a working user account for a SFAS student, the student's CAC **MUST** have 3 certificates, *ID*, *Signature*, and *Encryption*. They must also know their 6-8 digit PIN number that they created when they were issued their CAC.

If the student is missing any of the certificates or they do not know their PIN number, they will need to go to a DOD ID card facility to fix their CAC. USAJFKSWCS **CANNOT** add certificates, reset PIN numbers, or unlock blocked cards. Only a DOD ID card facility can do that.

To check a student's CAC to ensure it contains all necessary certificates, a computer can be set up with 2 CAC readers, one to use to log onto the system and the other to check the student's CAC and either ActivCardGold or ActivClient software loaded. If you have any questions, you can contact the Help Desk at 910-432-3599 from outside Ft Bragg, or 2-3599 on Post.



ARMY STRONG.


ActivClient - My Certificates [ROME.CALVIN.B.1056317828's Smart Card]
File Edit View Tools Help
Tasks
My Certificate Tasks
View this certificate
Delete this certificate
Export this certificate...
Temporarily disable the default c...
Smart Card Tasks
Change my smart card PIN
Show my smart card info
Help Tasks
Get help on using this software
Troubleshoot a problem
SMITH,JOHN,J.1112223334's U.S. Government ID Certificate
SMITH,JOHN,J.1112223334's U.S. Government Signature Certificate
SMITH,JOHN,J.1112223334's U.S. Government Encryption Certificate

SPECIAL OPERATIONS RECRUITING BATTALION
U.S.ARMY
ARMY STRONG.℠

Final Azimuth check…

I have informed my recruiter of any problems that may hinder my performance at SFAS or make me a prerequisites failure such as:

- **Medical**
- **Family**
- **Unit**
- **Financial**
- **Leave**
- **Other:**

NOTE: anything not disclosed here that would require a waiver will cause you not to be selected

ARMY STRONG.℠

Final Azimuth check…

DEPARTMENT OF THE ARMY
UNITED STATES ARMY SPECIAL OPERATIONS RECRUITING BATTALION
FORT BRAGG, NORTH CAROLINA 28307-5200

MEMORANDUM FOR RECORD

PRE-SHIP BRIEF
STATION: SFRT-

I , _____ *SSN#* _____
Have been briefed on the following items by a member of the Special Forces Recruiting Battalion (SORB). My initials indicate that I understand each of the below listed requirements, and will comply.
I am mentally, physically & emotionally prepared for the rigors of SFAS _____
I have not been coerced in any way, shape or form to attend SFAS_____
I have 10 copies of my orders. _____
I have / will take my medical records or SF physical with me. _____
I have the packing list dated 21 July 08. _____
I have my SFAS physical training book provided by my recruiter. _____
I have the SFAS strip map and understand where to report. _____
I have the contact numbers for my recruiters and the Operations Section. _____
I have a completed filled out EPSQ printout, hard copy and digital version. _____
I have not used Creatine or products that contain Ephedrine within the past 30 days. _____
I have informed my recruiter of any problems (medical, family, financial, other) that may hinder my performance at SFAS or make me a prerequisite failure. _____
All candidates will initial that they have all above listed items, and a copy of this will be kept in the soldier's residual packet. Soldier will also be require to hand-carry a copy of this document with him when he reports. All candidates away from home station will be faxed this list. Soldiers will then initial and and sign then fax back to their recruiter.

Soldier will sign here _____Date _____
Station Commander signature _____ Date_____
During travel if any problems arise call your recruiter:

		CELL	OFFICE
Recruiter Phone #'s	SFC xxxx	xxx-xxx-xxxx	
SORB Operations POC:	SFC HUGHES	877-840-8501	
	SFC KYLE	877-839-8341	
	MSG AHOLA	877-811-5227	

Outbrief Date_____
Time_____
Location_____